

- 1. Click on Services Tab of webpage
- Once at the Services page, scroll down and click on the Service you would like to purchase.
 Example "Online Intake"
 Example "Online Therapy Session"



- **3.** Click on the date you would like to have a session.
- 4. Click on the time you would like to schedule.
- 5. Then Click "Request to Book"

A notification will be sent to "It's Your Journey Mental Health/Consulting Services, PLLC" regarding your request.

Client will receive an email regarding the approved appointment.

If you have any questions feel free to send a message or call 956.290.8930